

Champion's Creed

Champions think and act like champions long before they ever raise a trophy above their heads. The Champion's Creed is just a glimpse into the head and heart of champions everywhere.

We believe we have what it takes to win or that we can train to gain what it takes to win

We know why we are on this mission and we consistently remind ourselves why the work we put in matters

We do what needs to be done, when it needs to be done, and how it needs to be done, even when we don't feel like doing it

We know the difference between trying and committing and we choose to commit

We understand growth happens outside our comfort zone and we choose to be uncomfortable

We focus on the results we want, NOT those we don't want

We create habits that help us win and crush habits that don't

We give our best at all times and we learn from our mistakes

We do our part to exceed team goals including doing more than our Coaches ask of us

We train within when we're without

We let our results do the talking

We are grateful for every opportunity to grow and we lead by example

We Are Champions!